



Research • Act • Impact
Youth
Exchange

Agenda

Sun. 12th - Sat. 18th April

SUNDAY 12TH ARRIVAL DAY

12 - 04 - 2026

13:00 - 21:30

13:00 - 17:00

Participants arrive!

17:00 - 15:30

Welcoming tea!

17:30 - 19:00

First Opening Circle

19:00 - 20:00

Dinner

20:00 - 21:30

Quiz Night!



Organised by



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MONDAY 13TH POWER DAY

07:45 - 09:00

Breakfast

09:30 - 10:00

Opening Circle

10:00 - 12:00

Ice Breaking - Team Building
Presenting YPAR - Issue selection

12:30 - 13:30

Lunch

15:30 - 16:00

The Justice Tree Workshop

16:00 - 16:30

Coffee Break

16:30 - 18:00

The Justice Tree continuation
Research time on topics

19:00 - 20:00

Dinner

20:00 - 21:30

Cultural Night 1

Organised by



TUESDAY 14TH METHODAY

07:45 - 09:00

Breakfast

09:30 - 10:00

Opening Circle

10:00 - 11:00

What is YPAR? (2) What is a Research?
What is a Research Question?

11:30 - 12:30

Research Methodology - Carousel

12:30 - 13:30

Lunch

14:30 - 16:00

Group work: Designing Research

16:30 - 18:30

Peer feedback on research plans

19:00 - 20:00

Dinner

20:00 - 21:30

Cultural Night 2

Organised by



WEDNESDAY 15TH RESEARCH DAY

07:45 - 09:00	Breakfast
09:30 - 10:00	Opening Circle
10:00 - 11:00	Trip to Leuven / Interviews / DESK Research
12:30 - 13:30	Lunch for those who stay
14:00 - 16:30	Leuven / Interviews / DESK Research
16:30 - 19:00	Presentation of results + Peer feedback rounds!
19:00 - 20:00	Dinner
20:00 - 21:30	DISCO / KARAOKE NIGHT Bring your favorite songs!

Organised by



THURSDAY 16TH ACTION/ADUOCACY DAY

07:45 - 09:00

Breakfast

09:30 - 10:00

Opening Circle

10:30 - 11:00

What is Advocacy & How To reach
Policy-Makers

11:15 - 12:30

What is Advocacy (2)
+ Action Plans Creation

12:30 - 13:30

Lunch

14:30 - 16:00

Action Plans Creation (2)

16:30 - 19:00

Presentation of Action Plans,
Feedback, and Closing Circle

19:00 - 20:00

Dinner

20:00 - 21:30

LAST NIGHT - Talent Show!

Organised by



FRIDAY 17TH BRUSSELS DAY

07:45 - 09:00

Breakfast

8:30 - 10:30

Train to Brussels

10:30 - 11:30

Setting up in Hostel Van Gogh

11:30 - 12:30

Visit to the European Parliament
Hemicycle

12:30 - 13:30

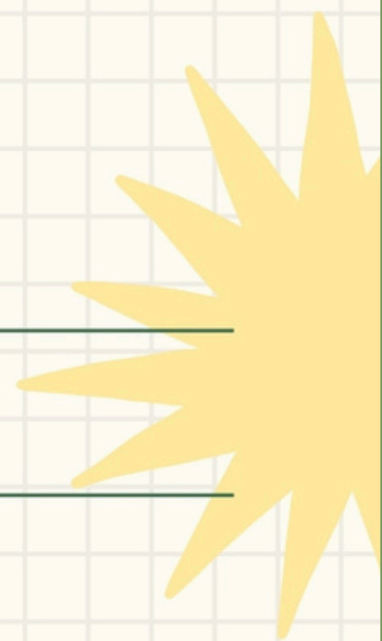
Lunch

14:30 - 19:00

FREE TIME in Brussels!

19:00 - 20:00

Dinner





SATURDAY 18TH DEPARTURE DAY

07:00 - 10:00

Breakfast at hostel

10:30 -

Departures!